Protocol for Prescriptions

Most health insurances require a prescription for massage therapy visits. Each insurance company has its own specifications on how a prescription must be written. It is your responsibility to contact your insurance company and see if this is a requirement for coverage.

All prescriptions require:

- The prescription must be dated prior to your first visit, for it to be covered.
- It must have a diagnosis code or codes written on it.

Some also require:

- An exact number of visits written on it, with an end date.
- A time frame written on it with an end date.

We will ask that until you have a valid prescription on file, you will be asked to pay for your visits upfront at the cash rate. You will be reimbursed once we have your prescription on file and your claim has been processed successfully.

We do our best to help our patients track their prescriptions, but it's ultimately up to each client to make sure that they have a current prescription on file with us. If your insurance requires a prescription and you do not have one that adequately covers your visit, you are financially responsible. Please let us know if you have any questions, we are happy to help.